



Wilkins Safety Group

Award Winning Health & Safety Consultants

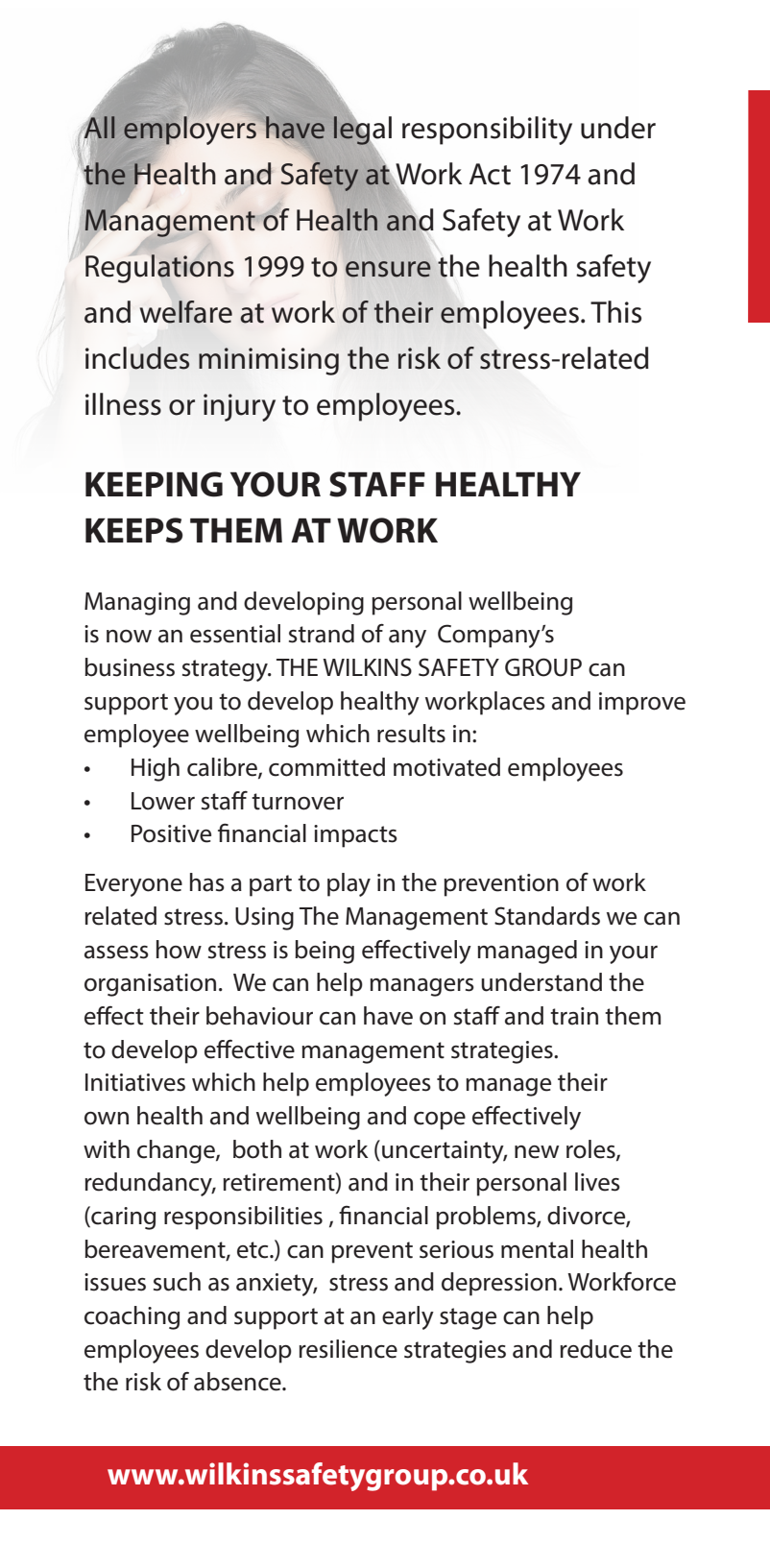
Workforce Wellbeing

CONSULTANCY AND HANDS-ON HELP
WHEN YOU NEED IT

25
YEARS
ANNIVERSARY



Professional Health & Safety Service



All employers have legal responsibility under the Health and Safety at Work Act 1974 and Management of Health and Safety at Work Regulations 1999 to ensure the health safety and welfare at work of their employees. This includes minimising the risk of stress-related illness or injury to employees.

KEEPING YOUR STAFF HEALTHY KEEPS THEM AT WORK

Managing and developing personal wellbeing is now an essential strand of any Company's business strategy. THE WILKINS SAFETY GROUP can support you to develop healthy workplaces and improve employee wellbeing which results in:

- High calibre, committed motivated employees
- Lower staff turnover
- Positive financial impacts

Everyone has a part to play in the prevention of work related stress. Using The Management Standards we can assess how stress is being effectively managed in your organisation. We can help managers understand the effect their behaviour can have on staff and train them to develop effective management strategies.

Initiatives which help employees to manage their own health and wellbeing and cope effectively with change, both at work (uncertainty, new roles, redundancy, retirement) and in their personal lives (caring responsibilities , financial problems, divorce, bereavement, etc.) can prevent serious mental health issues such as anxiety, stress and depression. Workforce coaching and support at an early stage can help employees develop resilience strategies and reduce the the risk of absence.

If staff do take time off because of work related stress, getting them back to work as quickly as possible is important. A well-managed early return to work will reduce the risk of the absence becoming long-term.

The HSE advises that people find it more difficult to return to work after a long-term absence. We can provide impartial third party support to ensure a successful return.

Workforce Wellbeing services include:

- Wellbeing audit
- Training in stress management
- Wellbeing coaching for individuals
- Return to work programmes

MANAGING THE HUMAN DIMENSIONS OF CHANGE

If you've taken the decision to invest in significant change in your practices and procedures, don't let your plans be derailed by sabotage, negativity and resistance from your workforce. Investing in managing the impact of change on the workforce from the start will ensure committed, motivated employees and a successful, positive outcome.

Change Management Services include:

- Risk identification and mitigation solutions in project plans
- Advice on managing the impact of change on the workforce
- Training of managers in change management
- Facilitation of workforce events

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We are here to help

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***Your Business is SAFER
in our hands ..***